

一、期刊論文

1. Wen SY, Ko YL, Jou HJ, Chien LY* (2018, May). Sleep quality at 3 months postpartum considering maternal age: A comparative study. *Women and Birth*. (Accepted). (SCI).
2. Ko, Y.L., Chang, S.Y., Lee, Y.T., & Lin, P.C. (2016, Dec). The effects of music listening and education on reducing pain from total joint arthroplasty. *International Journal of Studies in Nursing*, 1(1), 29-41.
3. 劉千滋、賴榮年、戈依莉*，「應用耳穴貼壓改善產婦睡眠之成效」，*護理雜誌* 63 卷，2 期(2016-04-27)：987-993.
- 4.Ko, Y.L、Lin, S.C.、Lin, P.C.，「Effect of auricular acupressure for postpartum insomnia: an uncontrolled clinical trial」，*Journal of Clinical Nursing* 25 卷，3-4 期(2016-02-01)：332-9(SCI,SSCI).
- 5.Ko, Y.L、Chu, W.E、Lin, P.C.，「Patients' perspectives on pre-operative education for total hip replacement」，*Open Journal of Nursing* 5 卷，期(2015-11-17)：987-993.
- 6.Ko, Y.L*、Lin, P.C、Yang, C.L.、Chen, C.P.、Shih, H.J.，「Pilot study on an integrated Pilates and Yoga program for decreasing postpartum depression in women」，*Open Journal of Nursing* 5 卷，期(2015-10-30)：885-892.
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- 10.Ko, Y.L、Chen, C.P.、Lin, P.C.，「Physical activities during pregnancy and type of delivery in nulliparae」，*European Journal of Sport Science* 2 卷，期(2015-04-01)：1-7(SCI,SSCI)
- 11.Ko, Y.L.、Wambach, K.、Mathers, N.、Huang, Y.C.，「A comparison of Taiwanese and American Breastfeeding Mothers' self-reported problems at three weeks Postpartum」，*Fu-Jen Journal of Medicine* 13 卷，1 期(2015-03-31)：15-26(其他)
- 12.Ko, Y.L.、Liu, C.T.，「Auricular Point Acupressure to Improve Sleep Quality in Taiwanese Postpartum Women with Insomnia」，*JOGNN* 43 卷，suppl 1 期(2014-06-01)：S58(SCI,SSCI)

13. **Ko, Y.L.**、Lee, H.J, 「Randomized controlled trial of the effectiveness of using back massage to improve sleep quality among Taiwanese insomnia postpartum women」, Midwifery 卷, 期(2014-01-01) : (SCL,SSCI)
14. 祝惠霖、王琪、鄭雅慧、**戈依莉***, 「照顧一位頸部囊狀水瘤病嬰及其父母之護理經驗」, 源遠護理卷, 期(2013-11-01) : (其他)
15. **Ko, Y.L.**、Yang, C.L.、Fang, C.L.、Lee, M.Y.、Lin, P.C. , 「Community-based postpartum exercise program」, .Journal of Clinical Nursing22 卷, 15-16 期(2013-08-01) : 2122-2131(SCL,SSCI)
16. **Ko, YL**、Lin, PC、Wu, H.F. , 「A survey of patients' quality of life and health care needs prior to undergoing total joint replacement surgery」, International Journal of Nursing Practice 卷, 19 期(2013-08-01) : 415-422(SCL,SSCI)
17. 張世柔、**戈依莉***, 「子宮頸癌婦女生活品質測量工具介紹」, 長庚科技學刊卷, 16 期(2012-06-01) : 83-90.
18. **Ko Yi-Li**、Lin Pi-Chu , 「The effect of using a relaxing tape on pulse, respiration, blood pressure and anxiety levels of surgical patients」, Journal of Clinical Nursing21 卷, 5-6 期(2012-03-01) : 689-697(SCL,SSCI)
19. **戈依莉**, 「安胎孕婦壓力與護理」, 早產兒學會會訊卷, 期(2010-12-01) : 10-16.
20. **戈依莉**、洪麗玲、林碧珠, 「老年人工關節置換術前護理指導需求之調查」, 新台北護理期刊 11 卷, 1 期(2009-02-01) : 29-38.
21. **Ko Yi-Li**、Yang Chi-Li、Chiang Li-Chi , 「Effects of postpartum exercise program on fatigue and depression during doing the month period」, The Journal of Nursing Research16 卷, 3 期(2008-09-01) : 177-186(TSSCI)
22. Li-Yin Chien、Chen-Jei Tai、Kuei-Hui Chu、**Yi-Li Ko**、Yueh-Chi Chiu , 「The number of baby friendly hospital practices experienced by mothers is positively associated with breastfeeding: A questionnaire survey. 」, International Journal of Nursing Studies44 卷, 7 期(2007-09-01) : (SCL,SSCI)
23. Li-Yin Chien、Chen-Jei Tai、**Yi-Li Ko**、Chou-Hua Huang、Shuh-Jen Sheu , 「Adherence to “Doing the Month” practices is associated with fewer physical and depressive symptoms among postpartum women in Taiwan」, Research in Nursing and Health29 卷, 5 期(2006-10-01) : 374-383(SSCI)
24. Li-Yin Chien、Yi-Hung Chou、**Yi-Li Ko**、Ching-Fang Lee , 「Health-related quality of life among 3 to 4-years-old children with very low birthweight」, Journal of Advanced Nursing56 卷, 1 期(2006-10-01) : 9-16(SSCI)
25. Ching-Fang Lee、Li-Yin Chien、**Yi-Li Ko**、Yi-Hung Chou、Chen-Jei Tai、Ying-Mei Liou , 「Development and psychometric properties of the Chinese language version of the TAPQL: A health related quality of life instrument for preschool children. 」, International Journal of Nursing Studies42 卷, 4 期(2005-05-01) : 457-

465(SSCI)

26. 祁安美、戈依莉，「雙胞胎的母育角色與調適」，長庚護理 15 卷，4 期(2004-12-01)：430-435.
27. 戈依莉，「產後疲倦」，護理雜誌 51 卷，6 期(2004-12-01)：75-79.
28. 林碧珠、戈依莉，「減輕手術病人焦慮之護理處置」，長庚護理 15 卷，3 期(2004-09-01)：312-319.
29. 李靜芳、簡莉盈、戈依莉、周怡宏，「兒童健康生活品質之概念與測量工具介紹」，護理雜誌 51 卷，2 期(2004-04-01)：73-78.
30. Li-Yin Chien、**Yi-Li Ko**，「孕期疲憊對剖腹產之預測」，Journal of Advanced Nursing 45 卷，5 期(2004-03-01)：487-494(SSCI)

二、會議論文

1. Liu, CT, Ko, YL.*Auricular Point Acupressure To Improve Sleep Quality Among Taiwanese Insomnia Postpartum Women. 2014 AWHONN (The Association of Women's Health, Obstetric and Neonatal Nurses, June 14-18, 2014, Orlando, Florida, USA.
2. Ko, YL, Lee, SJ. Effect of therapeutic back massage on low back pain in Taiwanese postpartum women. Sigma Theta Tau 24th International Nursing Research Congress, July 22-26, 2013, Czech.
3. Ko, YL, Chen, SJ* Stress, Sleep Quality and Unplanned Cesarean Section.. The 10th International Family Nursing Conference, June 24-28, 2011, Kyoto, Japan.

三、專書

四、研究計畫

科技部研究計畫

年度	計畫名稱/編號	擔任工作	起迄日期	狀態
102	產後失眠：危險因子與耳穴貼壓之成效(102-2314-B-030-004-)	主持人	2013/08/01-2014/07/31	已完成
101	運動介入對產後憂鬱婦女疲憊感受與身體組成之影響(101-	主持人	2012/08/01-2013/07/31	已完成

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